**MORNING GLORY MUFFINS** This is a favorite of our Kidz. (see separate recipe page)

**FROZEN YOGURT BUTTONS**

**Ingredients:** Any flavor of nonfat Greek yogurt (I usually use 3 different flavors.)

**Instructions:**

1. Fit a small zip top plastic bag over a cup.

2. Spoon yogurt into bag.

3. Snip one corner of the bag and pipe onto parchment paper lined cookie sheets.

4. Place in freezer and freeze for 1 hour or until completely hard and frozen.

5. Lift yogurt buttons off of cookie sheet using a metal spatula.

6. Place in an air tight container with parchment paper between layers.

7. Store in freezer until ready to serve.

**SKEWERED FRUIT/VEGGIE STICKS**

**Ingredients:** Assortment of fruit and vegetable pieces

**Instructions:**  Let Kidz skewer their favorite fruits and vegetables on skewer sticks or prepare in advance.

**Optional:**  Fruit or vegetable dip.

**Note:** At the “Everything is a Dollar” Store, I found very cute plastic skewers in the children’s party section.

**APPLE LIPS/TEETH**

**Ingredients:** red apples, smooth peanut butter, white miniature marshmallows

**Instructions**:

1. Cut apple in 1/8th.

2. On 2 apple pieces, spread peanut butter on one cut side of each piece.

3. Line marshmallows (standing upright) along one edge of wide part of apple slice.

4. Place second piece of apple slice on top of apple slice with marshmallows. Note:

you may need to add additional peanut butter between skinny side of apple slices

to help hold together better.